

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Rice Krispies w/ Milk	Yogurt Animal Crackers Water	Ritz Crackers String Cheese Water	Nutrigrain Bar Seasonal Fruit Water	Mini Bagel w/ Cream Cheese 100% Juice
Lunch	Pizza Pineapple Milk	Turkey Frank on a roll Potato Smiles Peaches Milk	Chicken Nuggets Mashed Potatoes Kings Hawaiian Rolls Mandarin Oranges Milk	Macaroni & Cheese Broccoli Pears Milk	Turkey & Cheese Sandwich on Whole Wheat Bread Mixed fruit Corn Milk
PM Snack	Apple slices Graham Crackers Water	Giant Goldfish Grahams Applesauce Water	Trail Mix 100% Juice	Scooby Doo Cookies Apple Slices Water	Nilla Wafers / Fruited Yogurt Water

** 1% milk is served to children 18 months or older.

Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios w/ Milk	Teddy Grahams Mandarin Oranges Water	Blueberry Muffins Water	Yogurt Sliced Peaches Water	Pancakes Applesauce Water
Lunch	Pizza Pears Milk	Turkey Franks w/ Roll Potato Smiles Mixed Fruit Milk	Grilled Cheese on whole Wheat bread Tomato Soup Pears Milk	Chicken Breast Patties w/ Hamburger Roll Corn Apple Slices Milk	Ham & Cheese Sandwich on Whole Wheat Bread Cucumber Slices Pineapple Milk
PM Snack	Goldfish 100% Juice	Yogurt Seasonal Fruit Water	Trail Mix 100% Juice	Ritz Crackers w/Cream Cheese & Jelly 100% Juice	Graham Crackers Seasonal Fruit Water

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Approved By: *Brianna Bessette, MS, RD, CDN*
 RD ID # 86082858 Date: 9/1/22

Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheex Cereal w/ Milk	Animal Crackers Applesauce Water	Cheez-Its Seasonal Fruit Water	Yogurt Animal Crackers 100% Juice	Mini Bagel w/ Cream Cheese 100% Juice
Lunch	Goulash w/whole wheat Penne Pasta Pears Milk	Chicken Nuggets Mashed Potatoes Kings Hawaiian Rolls Mixed Fruit Milk	Pizza Pineapple Milk	Cheese Ravioli w/Sauce Broccoli Mixed fruit Milk	Turkey & Cheese Sandwich on Whole Wheat Bread Corn Pears Milk
PM Snack	Goldfish Mandarin Oranges Water	Nilla Wafers w/ Fruit Yogurt Water	Blueberry Muffins 100% Juice	Crackers String Cheese Water	Nutrigrain Bar Water

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Week 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Kix Cereal w/ Milk	Saltines w/ Cream Cheese/Jelly 100% Juice	String Cheese Seasonal Fruit Water	Teddy Grahams Applesauce Water	Whole Grain Waffle Sticks w/ Cream Cheese & Jelly 100% Juice
Lunch	Turkey Franks w/ Roll Potato Smiles Mixed Fruit Milk	Chicken Breast Patties w/ Hamburger Roll Corn Mandarin Oranges Milk	Goulash w/ Penne Pasta Apple Slices Milk	Pizza Pears Milk	Ham & Cheese Sandwich on Whole Wheat Bread Cucumber slices Pineapple Milk
PM Snack	Nilla Wafers Pears	Blueberry Muffins Water	Goldfish 100% Juice	Yogurt Apple Slices	String Cheese Cracker

Water		100% Juice	Water
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Approved By: *Brianna Bessette, MS, RD, CDN*

RD ID # 86082858

Date: 9/1/22

PLEASE NOTE THIS MENU IS SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY