

**Week 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Rice Krispies w/ Milk	Yogurt Animal Crackers Water	Graham Crackers String Cheese Water	Nutrigrain Bar Seasonal Fruit Water	Mini Bagel w/ Cream Cheese 100% Juice
Pizza Pineapple Milk	Turkey & American Cheese on Whole Wheat Bread Apple Slices Milk	Chicken Nuggets Mashed Potatoes Kings Hawaiian Rolls Mandarin Oranges Milk	Macaroni & Cheese Broccoli Pears Milk	Cheese Tortellini w/ Butter Broccoli Mixed fruit Milk
Carrot Sticks Hummus or Ranch Dressing Water	Giant Goldfish Grahams Applesauce Water	Trail Mix 100% Juice	Cinnamon Quesadillas Apple Slices Water	Crepes w/ Fruited Yogurt Water

**Week 2**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheerios w/ Milk	Teddy Grahams Mandarin Oranges Water	Blueberry Muffins Seasonal Fruit Water	Yogurt Seasonal fruit Water	Pancakes Applesauce Water
Pizza Pears Milk	Turkey Franks w/ Roll Potato Smiles Mixed Fruit Milk	Grilled Cheese on Wheat Tomato Soup Pears Milk	Chicken Breast Patties w/ Hamburger Roll Carrots Apple Slices Milk	Fish Sticks Dinner Roll Corn Pineapple Milk
Goldfish 100% Juice	Yogurt Seasonal Fruit 100% Juice	Trail Mix 100% Juice	Ritz Crackers w/Cream Cheese & Jelly 100% Juice	Veggies Hummus or Ranch Dressing Water

\*\* 1% milk is served to children 18 months or older.

I give my consent for my child to eat any item on this menu.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent's Name

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

**Week 3**

Monday	Tuesday	Wednesday	Thursday	Friday
Chex Cereal w/ Milk	Pancakes Applesauce Water	Cheez-Its Seasonal Fruit Water	Yogurt Animal Crackers 100% Juice	Mini Bagel w/ Cream Cheese 100% Juice
Goulash w/ Penne Pasta Broccoli Pears Milk	Chicken Nuggets Mashed Potatoes Kings Hawaiian Rolls Mixed Fruit Milk	Pizza Pineapple Milk	Cheese Tortellini w/ Butter Broccoli Mixed fruit Milk	Penne, Broccoli, Chicken & Alfredo Sauce Peaches Milk
Goldfish Mandarin Oranges Water	Crepes w/ Fruited Yogurt Water	Blueberry Muffins 100% Juice	Crackers String Cheese Water	Nutragrain Bar Water

**Week 4**

Monday	Tuesday	Wednesday	Thursday	Friday
Kix Cereal w/ Milk	Saltines w/ Cream Cheese & Jelly 100% Juice	String Cheese Seasonal Fruit Water	Teddy Grahams Applesauce Water	Whole Grain Waffle Sticks w/ Cream Cheese & Jelly 100% Juice
Turkey Franks w/ Roll Potato Smiles Mixed Fruit Milk	Chicken Breast Patties w/ Hamburger Roll Corn Mandarin Oranges Milk	Goulash w/ Penne Pasta Apple Slices Milk	Pizza Pears Milk	Fish Sticks Kings Hawaiian Roll Corn Pineapple Milk
Nilla Wafers Pears Water	Blueberry Muffins Water	Goldfish 100% Juice	Yogurt Apple Slices 100% Juice	String Cheese Cracker Water

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I give my consent for my child to eat any item on this menu.

\_\_\_\_\_  
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Parent's Name

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Parent's Signature

\_\_\_\_\_  
Date